

Survival Outcomes With The Use of Immunotherapy in Patients with Metastatic Non-Small Cell Lung Cancer at a Large Hybrid Cancer Institute

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Background:

- Median overall survival (OS) in landmark trials evaluating immunotherapy (IO) as compared to chemotherapy (chemo) in patients with metastatic non-small cell lung cancer (mNSCLC) ranged from 17-26 months¹⁻³
- Observed median OS in "real-world" studies ranges from 8-12 months⁴⁻⁵
- We sought to define median OS of patients with mNSCLC who received IO as monotherapy or in combination with chemo as first-line therapy at Levine Cancer Institute (LCI).

Methods:

- We retrospectively reviewed 315 adult patients with mNSCLC without driver mutations (EGFR, ALK, ROS1) who were diagnosed between 2016-2019
- The Kaplan-Meier method was used to estimate and compare OS between IO and IO + chemotherapy
- Univariate and multivariate Cox models were used to evaluate risk factors for OS
- Risk factors considered included age, sex, race, smoking status, histology, firstline treatment type, and metastatic sites

Results:

- Population characteristics:
 - 40% female, 77% white, 20% Black, 34% current smokers and 60% former smokers
 - Median age: 69 years (45-88) in patients receiving IO alone and 63 years (28-84) in pts receiving IO + chemo
 - Tumor types: 76% adenocarcinoma and 17% squamous cell carcinoma
 - PD-L1 TPS: 39% were 0%, 22% were 1-49%, and 39% were ≥50%
 - Distribution of metastases: 10% adrenal, 40% bone, 30% brain, 14% liver, 31% lung
 - Median duration of IO received was 4.25 months (0 to 43.6)

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Joanna A Young, Christina Clarkson, Jiaxian He, Daniel Slaughter, Daniel Earnest Haggstrom, Daniel R. Carrizosa, Kathryn Finch Mileham Levine Cancer Institute, Atrium Health, Charlotte, NC





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Results (cont):

Median OS as stratified by PD-L1 TPS:

- PD-L1 0%: 14.5 months
- PD-L1 1-49%: 13.3 months
- PD-L1 ≥50%: 19.5 months

Median OS for patients receiving IO and IO + chemo as first line therapy was 17 and 14.8 months, respectively (P=.209)

OS was significantly different between IO and IO + chemo after adjusting for

- No OS differences were seen between white and Black patients
- No OS differences were seen between all patients versus those with brain metastases (brain-specific interventions not reviewed)

OS adjusted for age	Multivariate Model		
	HR	95% CI	Р
First-line: IO vs IO+chemo	0.70	0.52-0.95	.022
Bone metastasis	1.53	1.14-2.04	.001
Liver metastasis	1.72	1.17-2.52	.006

Conclusions:

Patients with mNSCLC treated first-line with IO either alone or in combination with chemo at LCI lived longer than those in similar "real-world" cohorts Median OS was highest in patients with PD-L1 TPS ≥50%, although not statistically significant

While not unusual to identify worse outcomes in those with bone and liver metastases, interestingly brain metastasis was not associated with worse survival.

In this cohort, when adjusted for age, IO alone trends toward improved survival. Although there was no OS difference based on race, further investigation will seek to uncover any other disparities contributing to outcomes, such as insurance status and zip code mapping.

To our knowledge, this provides the largest analysis of this patient population outside of a clinical trial.

^{1.} Gadgeel SM, Garassino MC, Esteban E, et al. J Clin Oncol 2019;37(15_suppl):9013–9013.